# Unofficial Index

# of the

# Southern Living

# Cookbook Library

Compiled by
*Jerry Stratton*
for the
*Padgett Sunday*
*Supper Club*

Southern Living Cookbook Library

The Missing Index

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Padgett Sunday Supper Club

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"How marvelous that something so beautiful is also good for you!"—Desserts Cookbook

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“Few things can bring back the warm memories evoked by homemade cookies and candy.”—Cookies and Candy Cookbook

# Foreword

This is an index to the twenty-two known cookbooks in the Southern Living Cookbook Library, published from 1971 to 1979. It will be mostly useless unless you have those cookbooks. If you can find them, it is a phenomenal collection.

In March, 2014, I was browsing an outdoor flea market in Texas when I ran across *The Southern Living Cookies and Candy Cookbook*. I went home to San Diego and made the Oatmeal Butter Cookies on page 55. I was immediately hooked.

From then on, I slowly acquired the rest of the books in the collection. They were very inexpensive, and all of them were very useful. But with twenty-two books in the collection, it can sometimes be difficult to remember which book has which recipe. I decided to create an index.

My first recipe from the Southern Living Cookbook Library

As is often the case, once I started compiling a serious index I pushed it as hard as I could. There are five parts to this index. The first part indexes every recipe in the collection by recipe name. The second lists recipes according to the state the contributor lived in. The third lists recipes from the forty cities with the most recipes. The fourth lists recipes that you can use when you have extra egg whites, extra egg yolks, leftover buttermilk, or milk that's gone sour. And the fifth lists contributors, not recipes.

This is not an official index. It is independent of Southern Living, Progressive Farmer, or Oxmoor House. Indexing the cookbooks was purely a personal project of mine, and for my own use. I've made it public in case someone else finds it as useful as I do.

You can download a free PDF version at *clubpadgett.com/slcl* or buy the paperback version at *clubpadgett.com/slcp*.

I personally typed the titles and authors from my copy of each book. There will inevitably be typos. If you notice any errors in the text, please contact me via the *Padgett Sunday Supper Club*.

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“The very nicest gifts are those we prepare ourself.”—Holiday Cookbook

# The Books of the Southern Living Cookbook Library

Page numbers are preceded by a cookbook abbreviation. If there are multiple recipes by the same name (or contributor) in a book, only the first reference is preceded by the abbreviation.

| | |
|---|---|
| b | Breads |
| c | Casseroles |
| cc | Cookies and Candy |
| cp | Canning and Preserving |
| cr | Creole |
| d | Desserts |
| ds | Deep South |
| fb | Fondue and Buffet |
| gb | Ground Beef |
| h | Holiday |
| lc | Low-Cost |
| m | Meats |
| o | Outdoor |
| p | Poultry |
| pp | Pies and Pastries |
| ps | Party Snacks |
| qe | Quick and Easy |
| s | Salads |
| sf | Seafood |
| ss | Soups and Stews |
| sw | Southwestern |
| v | Vegetables |

For example, Sugared Nuts are on pages "cc154,188". This means there's a recipe for Sugared Nuts on page 154 of the *Cookies and Candy* book, and another on page 188 of the same book. Apricot Bread is on pages "b62,d176". There is a recipe for Apricot Bread on page 62 of the *Breads* book, and another on page 176 of the *Desserts* book.

Neither the *Soups and Stews* nor the *Party Snacks* book appear in the author, city, or state indexes. Those books do not include contributors. Both were published in 1979, and were the only books in the collection published after 1977. They may have been late additions with different editorial policies. They differ slightly in other ways as well. They don't have exactly 188 pages before the index, and have accented letters in the titles. The *Poultry* book made an attempt at an accent in Egalité Gumbo by putting an apostrophe after the word Egalite. The *Meats* book has two real diacriticals, in Poêlon and in Basilé, but that's it outside of the 1979 books.

I don't know how they decided to attribute a recipe. Many recipes aren't attributed. I saw no recipes with both a photograph and a listed contributor. Did a photograph mean the contributor wasn't mentioned? Or did they only take photographs of staff-created recipes?

The listing for special ingredients is mostly straightforward, although there's some interpretation in whether or not the recipe uses more egg whites than egg yolks. In the *Pies & Pastries* book, some pies call for using egg yolks and then "1 recipe meringue". The recipes for meringue range from one egg white to three, so if the recipe calls for one to three egg yolks I do not include the recipe in the list of either egg-yolk-using recipes or egg-white-using recipes. If the recipe uses no egg yolks, it will be in the list of egg-white-using recipes. If the recipe uses four or more egg yolks, it will be in the list of egg-yolk-using recipes.

"Nothing says 'welcome' to family members or guests more quickly than the appetite-arousing smell of chicken soup or stew."—Poultry Cookbook

# Favorite Recipes

## Caramel Corn

One of my favorite sweet snacks is caramel corn, has been ever since I discovered Cracker Jacks. The Cookies and Candy book has two great caramel corn recipes. One is the crunchy, dark, nutty Caramel Popcorn on page 158. The other is Peppy Young's Popcorn Confection, a creamy caramel corn that never fails to bring memories of the circus or summer fair.

There is a typo in Young's recipe, however. The second ingredient is "1 c. sugar" and the third ingredient is "3/4 c. sugar". The instructions are simply "Mix all ingredients except popcorn", so it can't be that they're for separate stages of the recipe.

I originally thought it might be ¾ teaspoon salt, but on reflection I'm nearly certain the clue is in the title. This is a confection; it must have dairy in it. There's already butter, so the ¾ cup must be milk, cream, or half-and-half. I've tried both milk and cream, and it's great with each.

These two recipes are infinitely variable. One of my favorite variations is to use macadamia nuts in place of the salted nuts and dried cranberries because I like them. When I add unsalted nuts to the Caramel Popcorn recipe, I add about a half-teaspoon of salt to make up for it.

## Golden Mango Parfait

There is no recipe for mango parfait in the collection. But there is a great recipe for Golden Peach Parfait in the Desserts book. I've found that mango works great in peach recipes, and it certainly holds true with this one. The dish ends up being a very rich, golden, mango ice cream.

Incidentally, there are several ice cream recipes in the Quick and Easy book that require no cranking, just freezing in your refrigerator. The "old-fashioned" crank ice cream freezers were very popular in the seventies when I was growing up. But they seem to have gone out of fashion in the forties and fifties after freezer sections in refrigerators became commonplace. It's a lot easier to make ice cream in the refrigerator, you just put it in the freezer, let it set, and possibly take it out once to whip or stir it again. I have a strong suspicion that the crank became popular again in the seventies so that parents could keep their children busy during get-togethers.

# Errata

While going through the book and typing this information in, I noticed surprisingly few typos. I've corrected most of them, mainly misspellings of cities. In the Casseroles book Mrs. Lonnie E. Hoeve is listed as from Bayrad, New Mexico. There doesn't appear to be such a place, so I've corrected it to Bayard, New Mexico. I did the same with Tuscon, Arizona in the Southwestern book, Fredricksburg, Texas in the Fondue and Buffet book, and Mongtomery, Alabama in the Outdoor book.

In the Meats book, Mrs. J.A. Satterfield is listed as from Forth Worth, Texas. In other books, there is a contributor with the same name from Fort Worth, Texas. I've corrected that entry. Ditto for Kathryn Elwert of Witchita Falls, Texas, which I've corrected to Wichita Falls.

I rarely changed the spelling of recipe titles. I changed "picalilli" to "piccalilli" in the Breads book and I changed Lobster Newburg to Newberg in the Fondue and Buffet book. But I did not correct Strawberry Couer a la Creme in the Desserts book. This is probably a typo for Coeur (heart, in French), but if so it's gained a life of its own. The recipe is popular enough to have a few references across the net and they use that spelling, so I've left it as is.

There are, of course, likely many other typos that I did not recognize as typos, as well as many typos that I've introduced. If you see any, please write! Email me at *slindex@clubpadgett.com*.

It's more difficult to detect typos in people's names. Names can be similar, especially in the same town: relatives often have similar names, and names common to a particular area often sport slightly different spellings. There is, for example, both an Estell Shalla of Bay City Texas (four recipes) and an Estelle Shalla of Bay City Texas (three recipes). I did not "correct" these names. I can't know if they're the same person.

The final recipe of the "Legumes" section of the Vegetables book (page 56) has no title; I've titled it with the unimaginative but descriptive name "Baked Pinto Beans".

There are also sometimes abbreviated and unabbreviated versions of "Fort", "Mount", and "Saint" in city names. I've normalized each to the most common usage within the series: "Fort" for "Ft.", "Mt." for "Mount", and "St." for "Saint".

"Try rubbing the inside of your casserole dish with a cut clove of garlic. The hint of exotic flavor will delight your guests' palates."—Casseroles Cookbook

# All recipes

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Aebleskivers pp138
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"No church supper or family reunion would be complete without an enormous banana pudding."—Desserts Cookbook

# State specialties

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"When a meal begins with soup, dinner naturally takes on a more gracious and formal atmosphere."—Soups & Stews Cookbook

# City specialties

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## Austin, Texas


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## Baltimore, Maryland

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Dutch Apple Pie pp18
Five-Cup Salad o92
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Green Tomato Pickles cp145
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Horseradish-Tomato Aspic s97
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Rhubarb Punch h30
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## Columbia, South Carolina

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Cottage Cheese w/Watercress s143
Creole Pork Sausage cr56
Crusty Herb-Fried Chicken h97
Delicious Salmon Loaf lc90
Dilled Pumpkin v120
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Mushrooms Stuffed w/Hamburger gb166
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Pineapple Chiffon Pie pp102
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## Dallas, Texas

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Corned Beef Lasagna c129
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Noodle Layer Pudding c182
Orange-Coconut Balls cc105
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Pecan Chicken lc67
Peppermint Pie sw181
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Raisin-Pecan Pie sw182
Salmon-Potato Cutlets sf116
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Smoked Herring sf135
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## Dover, Delaware

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Chicken-Herb Consomee h171
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Home-Style Barbecued Chicken p48
Lobster Barbecue w/Mushroom-Butter o61
Orange-Maple Sucre fb43
Pickleburgers o28
Pompano en Papillotes sw82
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Shirred Eggs & Ham cr130
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## Fort Worth, Texas


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Avocado Mold cr32
Barbecued Flank Steak o20
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Celery-Brushed Chicken o71
Cheese Straws sw30
Cheesecake Supreme pp184
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Corned Beef Casserole h164
Cranberry-Carrot Cake d21
Creole Pilaf cr52
Creole Sauce for Shrimp sf171
Deviled Tuna sf163
Family-Style Chateaubriand h110
Fricassee of Chicken ds22
Fried Raisin Pies pp134
Fruit Kolache d175
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Jalapeno Vegetable Beef Soup v176
Jellied Chicken Salad h43
Lettuce Nest Salad o100
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Marinated Sirloin Steaks o22
Mauna Kea Chicken Salad s47
Mexican Soup de Albondigas fb80
Monday Meat Pie c22
Moussaka of Beef gb158
Mushroom-Spinach Supreme v29
Panbroiled Steak w/Bean Sprouts qe45
Parmesan Corn Chowder v183
Peach Spice Cake o127
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Squash & Sausage lc57
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Stuffed Apples s97
Swirl Salad o94
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## Greensboro, North Carolina


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Asparagus Salad w/Beet Hearts h44
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Butterscotch Pretzels cc183
Champagne-Cheese Spread qe17
Coconut-Pecan Squares cc38
Eggs le Grande fb90
English Toffee cc170
Favorite Tarts d83
Fruit-Filled Cookies cc21
Glazed Onions cr120
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Herbed Scrambled Eggs fb92
Lamb w/Mushrooms & Peas h72
Napa Valley-Barbecued Chicken p42
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Rosemary-Parsnip Casserole v69
Salad Royale s135
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## Houston, Texas


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Apricots cp18
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Baked Veal Cutlets m128
Baked Whitefish w/Dressing sf92
Beef & Potato Casserole c46
Broiled Salmon sf101
Cabbage Tamales sw40
California Conserve cp111
Chafing Dish Goulash w/Noodles fb80
Chicken & Garlic p93
Chicken Soup lc38
Chocolate-Covered Coconut cc130
Club Steak & Mushrooms c26
Coffee Meringues Glace d47
Cottage Cheese & Oatmeal Casserole c173
Cranberry Meat Loaf m166
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Duck w/Potato Dressing p163
French Cobbler d162
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Grapefruit-Orange Marmalade cp102
Greek Salad Dressing s182
Green Chili Sauce cp77
Ham Mousse s34
Hamburger Puffs gb112
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Hot Beef Salad gb29,sw24
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Jalapeno Cheese Dip sw31
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Orange-Lemon Jelly cp98
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Peach Surprise d46
Prize Casserole Bread b56
Salade Nicoise v158
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Sauce Piquant cr165
Shrimp & Rice Casserole sw153
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Sour Milk Biscuits ds183
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Texas-Style Barbecued Chicken p44
Tuna-Corn Bread Pie lc94
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## Huntsville, Alabama


Apple Butter lc144
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Coconut Drop Cookies cc66
Confederate Coffee Cake d183
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Cornmeal Doughnuts b92
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Crab-Stuffed Red Snapper sf89
Curried Egg Canape h67
Fruited Cheesecake d54
Golden Almonds cc150
Hominy Casserole c75
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Nineteenth Hole Barbecue Sauce gb178
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## Jackson, Mississippi


Apple Pie Filling cp17
Baked Halibut in Sour Cream sf81
Berry-Ice Cream Salad s160
Boston-Style Baked Corn lc108,v110
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Chafing Dish Sausages Italiano fb58
Chicken-Cottage Cheese Salad p25,s44
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Chicken Paprika (Hungary) p176
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Crab Meat & Shrimp au Gratin sf74
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Emperor Salad s14
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Hero Hamburgers m20
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Last Minute Seafood Bisque sf55
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Lemon-Nut Cake d29
Lemon Salad Dressing s188
Lettuce Stuffed w/Corned Beef Hash v26
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Mushroom Fondue v142
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Old-Fashioned Chicken Pie p146
Parmesan Biscuits qe174
Peanut Butter Balls qe170
Pheasant w/Asparagus c135
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Quail in Mushroom Sauce ds93
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Rice-Stuffed Peppers gb167
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## Knoxville, Tennessee


Almond-Filled Crepes h170
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Cheddar Kale Casserole v24
Cheese-a-Roni w/Mushroom Sauce c178
Cheese Carrots qe18
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Date & Nut-Filled Cookies cc19
Dinner Time-Saver v159
East Indian Chicken Salad s46
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Frozen Pear Salad s171
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Jelly Cookies cc112
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Minted Fruit Parfait d125
Mints cc137
Mushrooms cp48
Okra Creole cr121
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Peach-Cantaloupe Conserve cp117
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Rhubarb-Pineapple Salad s138
Salmon Souffle sf80
Spicy Blueberry Pancakes ds79
Vegetable-Meat Loaf m166
Very Best Apple Pie pp18
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## Lexington, Kentucky


Almond Tea h67
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Bacon Corn Bread Muffins b82
Bewitching Raisin Dunkers h130
Broccoli cp43
Cabbage Rolls w/Sour Cream Sauce gb89
Cake Doughnuts b91
Coconut-Walnut Pies pp162
Frozen Fruit-Honey Salad s162
Gai Lo Mein fb138
Golden-Baked Fish lc87

Grapefruit Salad sw20
Kentucky Beaten Biscuits ds103
Never-Fail Meringue pp36
Patio Tuna Bowl s58
Pimentos cp38
Popovers h18
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## Little Rock, Arkansas

Baked Mullet Fillets cr101
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Beautiful Meringue for Pie pp36
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Delicious Green Asparagus Salad s78
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Egg-Topped Carrot Casserole lc106
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Gumdrop Cookies cc94
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Holiday Bread b183
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Oysters w/Caviar h161
Peach-Mincemeat Flambe fb100
Pork Cubes w/Pineapple fb128
Pumpkin Party Pie pp62
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Salmon-Cheese Pie sf78
Shrimp-Cheese Fondue sf29
Spice Cookie Lollipops cc72
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Strawberry Candies cc188
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## Louisville, Kentucky

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Baked Wild Rice & Seafood sf142
Banana-Peanut Salad s106
Bread Pudding qe164
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Brussels Sprouts w/Chestnuts v136
Burgundy Meatballs gb112
Chicken w/Hot Sauce (Ethiopia) p174
Chicken w/Rice (Germany) p176
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Creole Potato Salad cr36
Cucumbers au Gratin c169
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Gourmet Stuffed Mushrooms v142
Green Bean-Pineapple Vinaigrette v54
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Jellied Veal s29
Kentucky Mint Julep Cake ds109
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Luscious Peach Fritters pp139
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Peach Mousse d129
Pepper & Beef over Corn Bread gb142
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Quick Cheese Fondue fb24
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Ripe Olive Snack Bread o144
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Spring Casserole c164
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## Memphis, Tennessee

Ambrosia in Paper Cups o185
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Baked Stuffed Cucumbers sw124
Banana Corn Bread Muffins b134
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Barbecued Pork Chops ds94
Beef Picadillo gb17
Bite-Sized Pizza Snacks gb26
Blueberry Pancakes b150
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Cheese Fondue au Vin fb24
Cherry Chiffon Pie pp88
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Cranberry Torte d50
Deviled Lamb Spareribs o39
Frozen Cantaloupe cp162
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Kidney a la Francaise cr60
Lentil Casserole h76
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Shavuos Sour Cream Coffee Cake b186
Shrimp Orleans cr95
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## Miami, Florida

Artichoke Hearts w/Onions v133
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Blueberry-Buttermilk Pancakes b105
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Cherry-Pineapple Conserve cp115
Chicken-Almond Casserole p129
Chicken Soup w/Bread Crumb Dumplings p85
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Chipped Beef Chowder lc32
Cold Salmon w/Cucumber Dressing s56
Cornmeal Bread b51
Cranberry Pork Chops m80
Crusty Seafood Brochette sf98
Easy Tartar Sauce sf176
Flaked Fish Salad lc24
Florida Lobster-Potato Salad sf42
French-Deviled Eggs h91
Gelatin-Mango Pie pp45
Golden Chocolate Brownies cc111
Grecian Moussaka Casserole v114
Green Onions w/Anchovy Butter h48
Herbed Hamburger & Rice m28
Key Lime Pie ds187
Mashed Rutabaga v79
Monkey Face Cookies cc110
Noodle Surprise p110
Olive-Stuffed Meat Loaf m34
Omelet Potpie p146
Orange-Glazed Pork Roast lc56
Paprika Shrimp sf88
Rio Banana Flambe fb96
Royal Frosted Fruit Mold s144
Salmon Mousse w/Avocado Cream sf45
Shrimp & Rice Dressing sf181
Spanish Sweetbreads cr62
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## Mobile, Alabama

Apricot-Marshmallow Dreams cc140
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Balichi h94
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Brioche w/Rum-Fruit ds78
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Canning Apples cp16
Casserole of Peas v48
Chicken Soup w/Farina Dumplings p85
Chocolate-Walnut Puffs cc135
Chops & Potatoes Casserole sw142
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Coconut-Chocolate Pie Crust pp120
Combination Consomme cr14
Crab Jambalaya cr88
Crab Salad Deluxe sw16
Cucumber Salad cp174
Curried Broiled Chicken p65
Dauphin Island Crab Gumbo sf60
Deviled Twins lc98
Dublin Lamb Stew c125
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Frozen Pink Pearl s163
Gourmet Brook Trout in Caper Sauce cr107
Gourmet Crab Canapes sf21
Guava Butter cp24
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Ice Cream Salad Dressing s186
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Macaroon-Sherry Creme d139
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Peanut Surprise Cookies cc22
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## Montgomery, Alabama

Almond Hershey Torte d48
Almond-Sesame-Chicken Salad fb152
Antelope Steaks Supreme m138
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Beef Stroganoff over Rice qe52
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Blitz Torte w/Rich Custard Filling pp174
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Brown Sugar Cookies cc62
Buffet Figs cp23
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Chafing Dish Figs in Cream fb96
Chantilly Potatoes ds158
Cheese & Beef Soup gb34
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Cherry-Cream Cheese Turnovers pp147
Chicken & Noodles Brinsfield c85
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Chocolate Chiffon Pie pp92
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Clarified Butter cr160
Crab-Cheese Fondue sf20
Cranberry-Cocoa Bread b62
Crepes Suzette b105
Crown Lamb Roast w/Apple Stuffing sw46
English Beef Pie ds41
Fluffy Waffles b157
Garden Vegetable Salad Mold o100
Ham Patties w/Sour Cream m68
Lafayette Meat Pie h57
Lima Bean & Peanut Roast v41
Lima Beans cp42
Lobster w/Cucumber-Horseradish Sauce o62
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Pecans cp49
Persimmons cp29
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Red Cabbage Supreme sw118
Roast Capon Deluxe cr82
Saddle of Lamb w/Stuffing ds43
Sassafras Tea h30
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Spiced Mutton Bowl m114
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Taiwan Rice w/Chicken fb140
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## Nashville, Tennessee

Baked Apples w/Sausage ds39
Baked Cabbage v16
Baked Haddock Fillets qe91
Barbecued Spareribs w/Herbs m89
Basic Creole Sauce cr161
Broiled Chicken sw97
Broiled Spanish Mackerel o54
Cantonese-Style Meatballs gb112
Carrot Muffins fb161
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Chicken & Artichoke Delight p21
Chicken Cream Puffs p33
Chicken-Lima Stew ds89
Chicken w/Pineapple (China) p171
Chiffonade Dressing s176
Chili con Carne w/Baked Beans cp58
Chocolate-Covered Cherries cc130
Chocolate Party Pie pp92
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Cottage Cheese & Pineapple Salad Mold s136
Crab & Hominy Casserole sf148
Cranberry Chiffon Pie pp97
Cranberry-Pineapple Salad s108
Delicious Chuck Steak o19
Delicious Strawberry Turnovers pp150
Easy Carrot Marmalade cp100
Farmer's Chowder sw66
Fig Conserve cp116
German Sour Cream Twists ds52
Grand-Style Ground Beef m18
Greengage Plum Salad h174
Homemade Ice Cream in Cones h100
Li-Su Pork Chops o29
Mincemeat cp58
Oyster Casserole sf154
Parsnip Balls v70
Pork & Apple Salad cr38
Potted Dove ds99
Rail-Splitter Soup v170
Roast Wild Goose w/Baked Apples p164
Salad Romanoff h14
Shredded Apple Pie pp16
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## New Orleans, Louisiana

Almond Brittle cc166
Bacon-Sour Cream Casserole c75
Baked Fillet of Flounder cr99
Baked Seafood Salad qe89
Barbecued Hamburger for a Crowd of Fifty gb169
Beef a la Mode cr50
Beef-Noodle Soup v176
Chicken Giblet Jambalaya cr78
Chicken-Potato Soup p82
Club Night Special gb114
Cool Lime Chiffon Pie pp90
Crepes Suzette cr146
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Crusty Herb-Fried Chicken p96
Delightful Orange Pancakes b153
Deviled Tuna Casserole c108
Egg Curry Ring lc26
Eggplant & Shrimp Casserole v114
Eggplant-Shrimp Casserole sf158
Elegant Eggnog Eclairs h20
Fiddleheads v135
Fillet of Sole Newburg sf144
Five-Layer Casserole c142
Fresh Strawberry Salad cr31
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Frozen Melon Balls cp164
Frozen Salad in Orange Shells s165
Lamb & Black-Eyed Peas qe129
New Orleans Pecan Pralines ds162
Noodles Valiento fb74
Oysters Cooked in Foil o63
Pan-Broiled Shrimp in Butter sf96
Party Pork Crown fb153
Pizzaburger-by-the-Yard gb48
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Pork Salad s31
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Shelton's Seafood Gumbo qe38
Shrimp Arnaud sf29
Shrimp Salad sw17
Spinach Madeleine sw130
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Sweet Potato & Apple Casserole ds78
Tuna Italienne Sauce sf175
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## Norfolk, Virginia

Almond Cheesecake h19
Angel Custard Royal d134
Baked Chicken Pie p136
Butter-Rum Fudge cc124
Cheddar Bran Loaf b61
Cheese-Nut Bread b60
Chinese New Year's Candy cc179
Coffee Mallo qe156
Cold Lemon Souffle qe156
Coleslaw Delight o163
Curried Fruits cr169
Date-Filled Pastries d84
Fish & Shrimp Fondue fb20
Five-Pound Fudge cc162
Ginger-Fruit Freeze s165
Mustard Sauce cr164
Pineapple Party Rollovers pp149
Pork-Onion Casserole c64
Poured Fondant cc163
Smithfield Ham ds43
Southern Lane Cake ds132
Stretcher Oyster Stew sf66
Swedish Meatballs in Burgundy for Twenty gb174
Virginia Roast Pork w/Cherry Glaze h58
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## Oklahoma City, Oklahoma

Barbecued Salmon o56
Beet Salad cp43
Brandied Chicken Breasts qe65
Cheddar Pizza gb150
Classic Custard Pie pp71
Coffee Can Meal o24
Corned Beef cp56
Crab-Zucchini Casserole sf150
Creamed Crab Meat over Muffins qe84
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“Cakes make the most ordinary gathering seem extra-special.”— Desserts Cookbook

# Using sour/buttermilk, yolks, & egg whites

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"Years ago, the pride of a southern homemaker was the shelves where her jams, jellies, and marmalades gleamed in their jars like jewels."—Canning & Preserving Cookbook

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