Cherry Almond Ice Cream

2/3 cup sugar 1/8 tsp salt 1/3 cup water 1 tsp vanilla

3 egg whites ½ cup blanched almonds, chopped 1 cup cream ½ cup maraschino cherries, chopped

Beat egg whites until stiff. Boil the sugar and water to 235°. Pour over the egg whites while beating and continue beating until it nears normal temperatures, about 90°. Chill in the refrigerator.

Whip the cream, not too stiff, and fold into the chilled syrup. Fold in the salt, vanilla, cherries, and nuts. Pour into a chilled container and freeze overnight.

Adapted from Norge Cold Cookery & Recipe Digest (1947).

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