

## Oatmeal Macaroons

¼ tsp salt      1 cup rolled oats  
1 egg white    ¼ cup grated coconut  
1 cup sugar    ½ tsp vanilla

Add the salt to the egg white and beat until stiff; add sugar gradually, continuing to beat. Fold in the oatmeal, coconut, and vanilla, mixing well.

Drop from the tip of a small spoon onto a greased sheet and bake at 350° for 12 minutes.

Adapted from the *United States Regional Cook Book* (1959).