

Fruity Yogurt Whip

1 package unflavored gelatin $\frac{3}{4}$ cup cold fruit juice
 $\frac{1}{3}$ cup sugar 2-4 oz fruit pulp or syrup
1 cup boiling fruit juice 8 oz Greek yogurt

Whisk the gelatin and sugar together. Mix into the boiling juice (or water). Add the cold juice or water. Chill in the refrigerator until slightly thickened, about 60-90 minutes. Add the yogurt and fruit pulp and beat with a rotary beater or blender until light and fluffy. Pour into individual dessert glasses or dishes. Chill at least two hours, or overnight.

The fruit pulp/syrup is optional; the fruit juice can be partially or completely replaced with water depending on how strong the fruit flavor is. Adjust sugar to sweetness of fruit.

Adapted from the *New Joys of Jello* (1973).